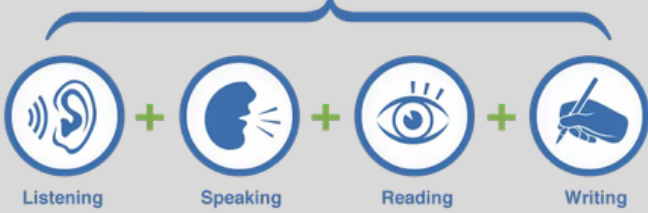


STUDY ROUTINE

5 STEPS



CHOOSE THE MATERIAL TO STUDY.



___ / ___ / ___

1

WRITE THE SENTENCES

1. _____

2. _____

3. _____

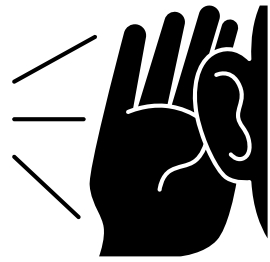
4. _____

5. _____

2

LISTEN 5 TIMES

- ☐ ONE
- ☐ TWO
- ☐ THREE
- ☐ FOUR
- ☐ FIVE



3

READ THE 5 SENTENCES 5 TIMES

- ☐ ONE
- ☐ TWO
- ☐ THREE
- ☐ FOUR
- ☐ FIVE



4

READ ALOUD 5 TIMES

- ☐ ONE
- ☐ TWO
- ☐ THREE
- ☐ FOUR
- ☐ FIVE



5

ADD AND REVIEW ANKI

☐



CONGRATULATIONS!



STAY HAPPY



DRINK WATER



ENJOY